

What Kind Of Help is Available?

Covenant Health Camrose St. Mary's Hospital offers a full range of Psychiatric Services including:

- Individual Psychotherapy Sessions
- Assertiveness Training
- Communications Skills
- Stress Management
- MAP (Management of Anxiety Panic)
- Schizophrenia Program

“Out of suffering have emerged the strongest souls; the most massive characters are seared with scars.”

-Khalil Gibran



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...Revised October 2014



Psychiatric Walk-In Clinic Patient Information Handout

Covenant Health St. Mary's Hospital
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