

# SOS

## Service Options for Seniors

### 2016 Schedule

Donna Coombs

A program of Flagstaff FFCS

#### July

Forestburg	Tues. 12th
Daysland	Wed. 13th
Killam	Wed. 13th
Sedgewick	Wed. 13th
Hardisty	Thurs. 14th
Lougheed	Thurs. 14th

#### Aug.

Forestburg	Tues. 2nd
Daysland	Wed. 3rd
Killam	Wed. 3rd
Sedgewick	Wed. 3rd
Hardisty	Thurs. 4th.
Lougheed	Thurs. 4th.

#### Sept.

Forestburg	Tues. 6th
Daysland	Wed. 7th.
Killam	Wed. 7th.
Sedgewick	Wed. 7th.
Hardisty	Thurs 8th
Lougheed	Thurs 8th

<b>Forestburg</b>	Big Knife Seniors Centre	<b>2 p.m. to 3 p.m.</b>
<b>Daysland</b>	Sunbeam Drop in Senior Centre	<b>9 a.m. to 11 a.m</b>
<b>Killam</b>	Seniors Drop in Centre	<b>12:00 to 1:30 p.m</b>
<b>Sedgewick</b>	Seniors Drop In Centre	<b>2:00 to 3:30 p.m.</b>
<b>Hardisty</b>	Town Office	<b>10a.m to 12:00p.m.</b>
<b>Lougheed</b>	Seniors Drop in Centre	<b>1 p.m. to 2:30 p.m.</b>