

Grief and Bereavement Resources Camrose and Area

Type of Support	Organization	Description	Contact
For Traumatic Loss	Victim Services Camrose RCMP	In cases of traumatic loss	780-672-3342 Camrose
	Victim Services City of Camrose Police	In cases of traumatic loss	780-672-4444 Camrose
	Flagstaff Victim Services		780-385-3509
	The Support Network	Suicide Bereavement Support Offers information packages, one-on-one support, family and group debriefings, and adult and children support groups. All services are no fee.	780-482-0198 www.thesupportnetwork.com Edmonton
	Victims of Homicide	Support for families	780-472-8958 www.victimsofhomicide.ca Edmonton
	Salvation Army Family Services	Special support is given where death has resulted from suicide. No fee.	780-424-9222 www.ab.salvationarmy.ca Edmonton
For Grieving Parents	HEARTS (Helping Empty Arms Recover Through Sharing)	Baby loss support program for anyone touched by loss of baby in pregnancy or just after birth.	780-464-3217 www.heartbabyloss.ca Edmonton
	SIDS Foundation	sudden infant death	1-800-363-7437 24 hr Support Line
	Compassionate Friends of Canada	For parents, relatives and friends when there has been the death of a child, at any age, and of any cause.	1-866-823-0141 www.tfcCanada.net
	Grieving Parent's Society of Edmonton	For parents, relatives and friends when there has been the death of a child, at any age, and of any cause.	780-451-5381 www.grievingparents.ca

For Grieving Children	STARFISH Family Resources	Supporter of Rainbows programs in northern & central Alberta for children experiencing loss/grief due to death, separation or divorce)	780-448-1180 Toll free 1-800-416-4673 www.starfishfamilyresources.org
	Pilgrim's Hospice	"Expressive arts Children and Teen Support Group" Death and Grief Support for Children and Teens	780-413-9801 Edmonton
	YWCA	Individual, family, couple counselling and counselling for children. An intake assessment is required for a sliding scale fee	780-423-9922 ext 222
Grief and Bereavement Support Groups	Covenant Health St. Mary's Hospital	Bereavement Support Group offered 3 times per year for 8 weeks. Cost is free. Pre registration required.	780-679-2793 Shelly.Dalweg@covenanthealth.ca Camrose
	Good Grief Program	Adult Bereavement Support Group	780-385-3976 Flagstaff FCSS Killam
	Messiah Lutheran Church	Monthly Faith-based Grief Support Group	780-678-7830 bev@copewithgrieving.com Camrose
	AKASU Palliative Care Society	Grief Support Group	780-632-3331 akasupalliativecaresociety@gmail.com Vegreville
	Pilgrim's Hospice	Adult Bereavement Support Group	780-413-9801 www.pilgrimshospice.ca Edmonton
	Southeast Edmonton Seniors Association	Drop-in support program for seniors age 55 and older. Annual Membership is \$30.00. Monthly widows support group	780-468-1985 Edmonton
	St.Albert Bereavement Fellowship	Grief information evenings, social events and group support. \$10.00 Annual Membership.	780-460-4215 www.stalbertbereavement.com

Grief and Bereavement Support Individual & Family			
Grief and Bereavement Support Individual & Family	Alberta Health Services Community Addictions and Mental Health	Counseling for adults, children & geriatric population	780-679-1241 Toll Free: 1-866-332-2322 Mental Health HELP Line: 1-877-303-2642 (24 hours)
	Covenant Health St. Mary's Hospital	Walk In Clinic Tuesdays 8:30am – 4:00 pm No appointment required. Offers assessment, individual psychotherapy, referral as appropriate	780-679-6131 Camrose
	Edmonton Healing Center for Grief and Loss	Individual, group support and education to people grieving loss through death or supporting others who are grieving. Spouseless House: A support program for grieving widowers: An eight week group offered to men who have experienced the death of a life partner. We provide a place where men learn practical skills for living on their own, as well as dealing with loss and grief. Fee: \$50.00 for series.	780-454-1194 Ext. 224 www.jfse.org Edmonton
	Pilgrim's Hospice	Adult Counselling Services Fees vary from program to program.	780-413-9801 Adult Counselling Services & Spiritual Care Coordinator ext. 307 www.pilgrimshospice.ca Edmonton
	Catholic Social Services	Provides individual and family grief counselling, as well as New Beginnings, a weekend program for widowed, divorced and separated individuals	780-432-1137 Counsel Line: 780 420-1970 www.catholicsocialservices.ab.ca Edmonton
The Support Network Community Services	Referral Service	780-482-5198 Edmonton	

	Cornerstone Counseling Centre	Provides individual and family grief counselling. Payment is on a sliding scale. Faith based counseling offered.	780-482-6215 Edmonton
	Community Counselling Centre	Individual, couples and family counselling in grief, loss and other issues	780-482-3711 Edmonton
	HIV Network of Edmonton	Support and counselling following an AIDS death. No fee.	780-488-5742 Press "1" Edmonton
	Inner City Pastoral Ministry	Provides bereavement counselling. No fee.	780-424-7652 Edmonton Bissell Centre
	Walking Through Grief Society	Individual support and group support, education and awareness	780-846-2576 Vermilion 780-846-2576 Kitscoty 780-846-2576 Wainwright 780-846-2576 Lloydminster
	Salvation Army Family Services	Bereavement counselling for families and individuals.	780 424-9222 www.salvationarmy.ca/alberta Edmonton
Print Materials	Alberta Funeral Service Association	<ul style="list-style-type: none"> • Funerals: An Information Guide • Yours, Mine and Our Children's Grief • Grieving: "Our Time" 	403 342-2460 Toll Free 1-800 803-8809 Red Deer, Alberta: inquiry@AFSA.ca
	Alberta Health Services/Covenant Health	<ul style="list-style-type: none"> • Grieving after a Death: Information for Families and Friends Re-order number CH-0236 • Are You Working Through The Layers of Grief? Re-order number DE 298 	780-679-6100 Reorder through pastoral care at Covenant Health St. Mary's Hospital

	Park Memorial Funeral Home	<ul style="list-style-type: none"> • Customs and Traditions in Times of Death and Bereavement • A variety of brochures available ie. "helping Yourself heal when someone dies, when a spouse dies, when a sibling dies, when a friend dies, when a child dies,"etc 	780-426-0050 Toll free 1-800-822-3526 www.parkmemorial.com
	Alberta Funeral Services Regulatory Board	<ul style="list-style-type: none"> • Funeral Planning in Alberta 	Toll free 1-800-563-4652 www.afsrb.ca
	Alberta Health	<ul style="list-style-type: none"> • Saying Farewell "A guide to assist you with preplanning and with the death and dying process." 	Toll free 1-877-644-9992 www.health.alberta.ca
	Comprehensive Tissue Centre	<ul style="list-style-type: none"> • Tissue Donation Brochure 	780-407-7510
Grief Education	Camrose Primary Care Network	<ul style="list-style-type: none"> • Grief and Bereavement Workshops • Behavioural Health Consultant • Mental Health Liaison Program 	780-608-4927 www.camrosepcn.com Camrose
	Hospice Society of Camrose and District	Provide education for palliative volunteers. "Being with the Dying" education program. Resource library	780-608-0636 camrosehospice@gmail.com Camrose
Video's	Death of a spouse "Uncoupled" https://www.youtube.com/watch?v=_NL9FaBoKYs Death of a parent "Dearly loved" https://www.youtube.com/watch?v=ioRFqJaPhqc Death of a sibling "A family disrupted" https://www.youtube.com/watch?v=ijXvaL1YDF0 Death of a child "Out of order" https://www.youtube.com/watch?v=yzaMEAQ7FnI		

This resource has been contributed by the following **Camrose and Area Palliative Care Community of Practice Partners**: Alberta Health Services, The Bethany Group, Covenant Health, Camrose Hospice Society, Camrose Primary Care Network