

# June 2017 Monthly Activities



	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
					RR— Healthy Life-style Series, AHS; Ready for Change 10:30 am RR— POUND Class 12:15 pm	
4	5 SC— Rummy 6:30 pm	6 SC— Fall into Good Habits 12:30 pm SC— Drop in floor curling 1:30 pm	7	8 RR— Dementia: Communication Strategies 10:00 am	9 RR—Healthy Life-style Series, AHS; Ready for Change- 10:30 am RR— POUND Class 12:15 pm	10
11	12 SC— Rummy 6:30 pm	13 SC— Drop in floor curling 1:30 pm SC— Wills, Personal Directives 7:00 pm	14	15 Council Meeting 6:00 pm	16	17 Aerobatics Competition 9:00 am to 5:00 pm at the Flagstaff Regional Airport
18 Father's Day	19 SC— Crib Tournament, 1:00 pm SC— Rummy 6:30 pm	20 SC— Drop in floor curling 1:30 pm	21	22	23	24
25	26 SC— Rummy 6:30 pm	27 SC— Drop in floor curling 1:30 pm	28	29	30 Last day to join utilities monthly payment plan	1 July First Celebrations. See pg. 1

SC = Sedgewick Seniors Centre, 4822—47 Street, Sedgewick, Everyone Welcome

SPL= Sedgewick Public Library—5301—51 Avenue

RR = Rec Room, upstairs at the Rec Centre, 5301—51 Avenue

Office Hours: Monday—Friday 8:30 AM—4:30PM closed to the public on Thursdays and Fridays as well as 12 Noon—1 p.m. for lunch.

Office contact information : 780-384-3504 Fax: 780-384-3545 Email: cao@sedgewick.ca Website: www.sedgewick.ca

# TOWN OF SEDGEWICK—THE SCOOP - June 2017



## May 15, 2017 Special Council Meeting Highlights

Pursuant to MGA,s.205(2) Council endorsed Thelma Rogers as Interim CAO for the Town of Sedgewick. Council endorsed a contract with HR Group Management Consultants for the recruitment of a new CAO.

## May 24, 2017 Council Meeting Highlights

Council endorsed recommendations from the Recreation Funding Committee for Phase I Recreation grants as follows: Battle River Minor Hockey Assn. (\$31,000), Sedgewick Curling Club (\$5,000), Sedgewick Playschool (\$5,000), Sedgewick Minor Ball (\$1,000), Killam Rec Board (\$6,500), Valley Ski Club (\$6,500), Flagstaff Fusion Lacrosse (\$6,000), and a Capital Reserve for Sedgewick Rec Centre (\$15,000). Total Recreation Funding available in 2017 is \$127,026 plus \$5,100 from 2016. The allocations of \$86,600 leave a balance of \$45,526 for Phase II recreational applications which will be due September 1, 2017.

**Sedgewick Public Library** – Council appointed Carol Artzen to the Sedgewick Public Library.

Council endorsed the appointment of Kari-Fox-Newby (Killam) and Ken Bullock (Heisler/Forestburg) to the **Intermunicipal Assessment Review Board** for a three-year term.

Council endorsed a motion that the Town of Sedgewick, through the Flagstaff Intermunicipal Partnership, participate in a **Health & Safety Management Plan** Contract with SDI Group.

**Council declared June 5 – 11, 2017 to be Seniors Week!** Further, Council endorsed a motion to provide funding to support Senior Programs that the Recreation & Community Services Liaison has scheduled during Seniors' Week.

## Happy Canada Day/Joyeuse Fe'te du Canada & Sedgewick's 107<sup>th</sup> Annual Sports Day

**Pancake Breakfast** 8:00 - 10:00 am @ Hall (4809 - 47 St) hosted by the Sedgewick Community Hall Board \$7.00 Plate /Children under 2 years free

**Canada Day Parade** 10:30 am ~ parade line up west of Bumper to Bumper 5002 — 48 Ave at 10 am - no registrations required

**Sedgewick Museum & Archives** (4813 - 47ST)/Goose Creek School (4801 - 48 Ave) Canada Day Exhibits 9:00 - 1:00 pm

**Men's Baseball** ~ contact Jim 780-385-1917

**Ladies Baseball** ~ contact Denell 780-888-1103

**Boys and Girls Ball** ~ contact James 780-384-2370

### Rec Centre Concession Open

**Canada Day Kids Activities:** 1:00 - 3:00 pm

Bouncy House on site as well as other children activities 12:00 - 4:00 pm

Sedgewick & District Ag Society is hosting:

**Free Canada Day Fireworks** ~ 11 pm @ Riding Arena at the baseball diamonds and can be viewed from all over town. We acknowledge the financial

### Alberta Pony Chuck Wagon & Chariot Races

June 30<sup>th</sup> @ 7 pm

July 1<sup>st</sup> @ 3 pm

July 2<sup>nd</sup> @ 2 pm

**Roast Beef Supper:** 5 pm ~ 7 pm

Adults \$15.00

Kids 6 - 12 \$10.00

### Sedgewick & District Ag Society Beer Gardens

June 30<sup>th</sup> - 5:30 pm - 2:00 am (Rodeo Grounds)

July 1<sup>st</sup> - 11:00 am - 7:00 pm (Rodeo Grounds)

July 2<sup>nd</sup> - 11:00 am - 11:00 pm (Rodeo Grounds)

### Beer Gardens in Arena hosted by Sedgewick Lions

8:00 pm to 2:00 am

Dance to Cadillac Junkies 9:30 pm to 1:00 am



support of the **Government of Canada** though the **Department of Canadian Heritage** makes it possible for the Town to host our Canada Day Fireworks. Nous reconnaissons l'appui financier **du gouvernement du Canada**, bien que **le ministère du Patrimoine canadien**.



## “Grow With Us”

### Senior’s Week

Senior’s Week is a province wide event that the Government of Alberta has recognized for over 30 years. This year Senior’s week is from June 5—11 and is a time to honour seniors for all of the contributions that they have made to our province.

Their time, many talents, and life experiences all amass in their many contributions to the town; these are shown through all the community programs and charitable organizations that are at the heart of the community and improve the quality of life for Sedgewick. Senior’s deserve to be both recognized and celebrated, so, let’s Celebrate!

Alberta Health Services will be hosting presentations in Sedgewick throughout this week in celebration of our seniors:

- **Fall into Good habits:** Kinesiologist Deanna Trzeciakowski will be holding this event as an interactive session to help you understand the risks of falling, factors that increase your risk of falling, and to exercises to reduce these risks. This will be held on **Tuesday June 6 from 12:30 to 1:30 at the Sedgewick Senior’s Centre** (4822 47 St) with a Nordic Pale Walking Clinic to immediately follow. A light lunch will be provided during the session.
- **Dementia: Communication Strategies:** If you know somebody who has dementia and would like to learn strategies on how to communicate and give care to them this session, facilitated by a Speech-Language Pathologist is an amazing opportunity to learn from professionals. It is open to both the public and health care providers at no cost and a light lunch will be provided. This session will take place on **Thursday, June 8 from 10:00 am to 11:30 am at the Rec Centre, upstairs in the Rec Room (5301—51 Avenue)**. If you would like to register or get more information please contact the Town at 780-384-3504.

### Life Events

Life events are those times and experiences that touch most of us at some point. For most life events you have advance notice and are able to plan for them. Others happen unexpectedly and you suddenly have to manage a variety of practical arrangements and responsibilities. Let us help you with these arrangements. Join Donna Coombs as she walks us through the appropriate resources and services.

◇ *Wills, Personal Directives - June 13, 7 p.m.*

### Healthy Lifestyle Series

The Healthy Lifestyle Series, put on by Sedgewick Recreation and Leisure and hosted by Susan Mackinnon from Alberta Health Services, will continue this month. The events will be held in the Rec Room which is located upstairs at the Rec Centre (5301—51 Avenue) There are two informative programs, both with a light lunch provided, occurring this month that will assist you in any goals you might have for a healthy lifestyle:

- **Ready for Change:** Learn healthy lifestyle changes that work for you. June 2, 2017 10:30 am - 12:30 pm
- **Sleep Well:** Learn how to sleep better. June 9 10:30 am

## Sedgewick Recreation and Leisure— “Where People Come First”

### “MAKE SOME NOISE”

“Pound” is a full-body cardio-jam session, combining easy-to-follow cardio moves with strength training and drumming. Sweat, sculpt and ROCK your body with a series of fun and effective workout moves. A cardio-jam session designed so you can get results. Sure to leave you with your heart rate up and a smile on your face. Designed for all fitness levels with work-outs easily modified for all ages and abilities. “Pound for Pound” it’s the best! Join US!!



[http://www.columbusfitnessfusion.com/CLASS\\_POUND.html](http://www.columbusfitnessfusion.com/CLASS_POUND.html)

### Aerobics Competition

The Iron Creek Flying Club (COPA Flight 157) presents the 3rd annual Aerobics Competition. This will be occurring on Saturday, June 17th from 9:00 am to 5:00 pm at the Flagstaff Regional Airport (Between Killam and Sedgewick; 44271 Rge Rd 131) Please bring your own lawn chair and for more information please call Shelley at 780-384-2026

### Time to update your monthly utility budget plan

If you would like to participate in the monthly utility payment plan the deadline to join is June 30<sup>th</sup>. This plan allows you make equalized monthly utility payments. If you would like more information on this plan please contact the town office at 780-384-3504.

#### Tax Notice

Tax notices will be issued on May 31<sup>st</sup>.

### 2017 GENERAL ELECTION

October 16<sup>th</sup> is municipal election day in the Province of Alberta. It’s time to start thinking about what qualities you would like your council to have and, if you’re interested, to start researching things you will need to know about municipal elections. To get you started on your search here are a couple of informative links:

- For the Election Procedural Manual please follow: [municipalaffairs.alberta.ca/documents](http://municipalaffairs.alberta.ca/documents)
- For information about the roles and responsibilities of municipal officials please follow: [municipalaffairs.alberta.ca](http://municipalaffairs.alberta.ca)

For more information please contact one of your local council members or the town office.

### SEDGEWICK GOLF CLUB



Men’s Night - Tuesday’s Tee Time 4 - 7:30 p.m.

Ladies Night - Wednesday’s Shotgun at 6 p.m.

Senior’s shotgun on Wednesdays at 9:30 am

Mens Open Tournament is on June 24 and 25 with an entry fee of \$120

On June 21st there will be a ladies theme night

Book a tee time by calling 780-384-3670

We look forward to seeing you on the course!

### Crib Tournament

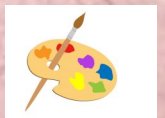
If you enjoy card games then this is a perfect opportunity to get out and have some fun in a friendly competition. On June 19th there will be a Crib Tournament held at the Senior’s Centre starting at 1:00 pm. Come out, have fun, and play your best!

Come and learn a fun way to create a beautiful vintage sign. You’ll love the process, You’ll love the product!! Classes will be hosted by Laurie from Laurie’s Vintage Creations & Home Décor in the Rec Room at the Rec Centre. Please call 780-384-1169 to register for the following dates.

June 12 - 1:00 pm - 4:00 pm

June 19 - 1:00 pm - 4:00 pm

June 26 - 9:30 am - 12:30 pm



### It’s camping season again!

**Sedgewick Lake Park is open for business**—for reservations or inquires call Pam at 780-384-2256 or email [sedgewicklakepark@gmail.com](mailto:sedgewicklakepark@gmail.com)

The wading pool is scheduled to open for June 30th and pool passes are available for purchase at \$2 per person or 5\$ a family for the day, \$40 for a seasonal pass, or if you are camping the pool is free for use for the duration of your stay.

The Farmer’s Market will pick back up on July 1st and will happen every Saturday for the duration of the summer!

Group camping, day trips, picnics, bird watching, and walking trails are here for you to enjoy. Book ahead for July 1<sup>th</sup> celebrations.